



First Aid Policy

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| Person responsible | Director of Finance and Operations (DFO) |
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1. Introduction and Aims

This Policy has been drawn up with reference to the Department of Education Guidance of First Aid and is applicable equally to the School and Reception (EYFS).

The purpose of this Policy is to ensure that every pupil, member of staff and visitor is well looked after in the event of any illness, accident or injury. It aims also to ensure that all staff and pupils are aware of the procedures in the event of any illness, accident or injury and to provide a whole School culture of openness, safety, equality and protection.

At all times, the School aims to ensure that arrangements for first aid provision are adequate to cope with all foreseeable major incidents, whether the pupils are on the School's premises, on a School trip or at a sports fixture. event.

2. Key Roles

The DFO is responsible for the overseeing of First Aid, but the management is the responsibility of the Senior First Aider (Christine Adams).

The day-to-day duties are carried out by the Duty First Aiders (Susan Neary and Emma Albrecht).

The DFO is responsible for ensuring that there is a sufficient number of trained First Aiders and that their qualifications are kept up to date.

The Educational Visits Coordinator (EVC) is responsible for risk assessments for offsite visits and educational trips, including sports fixtures.

3. Definitions

First Aid is the first and immediate assistance given to any person with either a minor or serious illness or injury, with care provided to preserve life, to prevent the condition from worsening, or to promote recovery. It includes initial intervention in a serious situation prior to professional medical help being available or, while waiting for an ambulance, as well as the treatment of minor conditions, such as applying a plaster to a cut.

Medical Room - the room located at the back of the School Office, off reception, sometimes known as the First Aid Room.

First Aider - is someone who has undertaken training appropriate to the circumstance.

The number of certified First Aiders will not, at any time, be less than the number required by law and a First Aider will be on site from when the building opens to when the building closes. They undertake updated training every three years. This includes training on action necessary if a pupil suffers an epileptic seizure or an asthma attack. There will always be one qualified First Aider on site. As of the date of this document the First Aiders are:

| | | | |
|-------------------|--------------------|-------------------|-------------------|
| Tricia Duke | Milly Behrooz | Cat Smith | Liam Byrne |
| Phoebe Neighbour | Ana Ferreira | Kevin Neary | Lucy Webb |
| Fiona Maguire | Derick Elliston | Marcelle Price | Sian Bradshaw |
| Phillip Vessey | Tracey Lynn | Giles Puckle | Rachael Vaughan |
| Tom Casey | Sophie Marshall | Cara Thomas | Nicholas Bryant |
| Pablo Grande | Rebecca Kateley | Myrsini Psalidaki | Sarah Finch |
| Chris Mellon | Karen Brewer | Anni Green | Felisha Ellington |
| Rose Peters | Lucy Hall | Ellen Yap | Claire Hanafin |
| Tatiana Hernandez | Karen Feagan | Emma Albrecht | Sammy Behrooz |
| Maryama Ali | Emily Webb | Rafaela Valle | Davida Deda |
| Fizah Durani | Nieves Garcia | Runa Keating | Caroline Young |
| Christine Adams | Ami Unadkat | | |
| Susan Neary | Gillian Groszewski | | |
| Gill Jesson | | | |

Supplies of first aid are kept locked in the medical cupboard in the Medical Room. All First Aiders are aware of the location of the key to the cupboard.

4. EYFS

All of the above First Aiders hold paediatric First Aid qualifications required for EYFS. A member of staff from the above list must be on the premises and attend any trips the Reception class undertake.

At least one paediatric First Aider will always be on site during term time, and on any School trip. The training will be renewed every three years.

See below for reporting of accidents and injuries.

The School has significantly above the ratio of First Aiders required for the number of pupils in School, and there is sufficient extra capacity should one of the First Aiders be absent for any reason.

5. Training

The School uses an experienced, accredited First Aid trainer to provide First Aid courses onsite in School. On occasion, First Aid training may be undertaken offsite on a St John Ambulance course, a Voluntary Aid Service provider. Training is renewed every three years.

Other staff are given training in first aid techniques to achieve a basic, minimum level of competence commensurate with an Emergency Aid qualification in accordance with the Health and Safety (First Aid) Regulations 1981. The School aims to provide this training whenever the need for it becomes clear. Auto-injector (epipen) training and monitoring is the responsibility of the Senior First Aider and is given to all staff regularly.

6. Hygiene and Infection Control

First Aiders are not required to wear a mask, visor, disposable gloves nor an apron when dealing with First Aid. However, if the injury in question involves any bodily fluids, protective gloves must be worn, and children must not be allowed to touch the bodily fluids.

In the event of bodily fluids coming into contact with open wounds, the wounds must be washed in soap and water, except eyes, which should be gently flushed with water or eye wash from the Medical Room. Any contaminated clothing must be removed and kept in a secure plastic bag, for later washing, or washed immediately.

Any spillage of bodily fluids should be cleaned with a solution of 10% bleach or similar disinfectant in hot water and left for half an hour.

7. Offsite Activities and Educational Trips

Portable first aid kits are maintained, with any deficiencies made good without delay, and are taken out on all School trips, as well as inhalers, auto injectors (epipens) and other prescribed medication where necessary. These are kept in clear, sealed plastic wallets which are labelled along with the pupil's Individual Health Care Plan (IHCP). On return to School, the plastic wallets are returned to the locked cabinet in the Medical Room.

No medicines will be taken on day trips and outings unless prescribed for a specific pupil by a doctor. It is the responsibility of the Trip Leader to assess what First Aid provision is necessary for each outing or trip.

Non-prescribed medicines are also taken in the First Aid boxes on residential trips (see Appendix 5 for list of medicines and the consent form that each parent must sign before each trip).

8. First Aid Boxes

Green First Aid Boxes are positioned in the following locations:

| <u>Location</u> | <u>Owner</u> |
|-----------------------------|-------------------------------|
| Art and Design Room | Head of Art and Design |
| Hall | School Administrator |
| Kitchen | Chef Manager |
| Caretakers Office | Head Caretaker |
| First Aid Room & Safe Space | Senior First Aider |
| SPGS Netball Courts | Head of Sports and Activities |
| Playground | Lunchtime Supervisors |
| Reception Classroom / EYFS | Reception Class Teacher |
| Science Laboratory | Head of Science |
| Food Technology Room | Head of Art and Design |

Each First Aid box is checked termly by the owner and any deficiencies made good. It is the responsibility of the Senior First Aider to stock and restock the boxes in accordance with *Workplace first aid kits, Specification for the contents of workplace first aid kits*, BS 8599-1:2019 - see Appendix 3.

All First Aid boxes are marked with a white cross on a green background.

9. Defibrillator

In line with the commitment to ensuring the safety and wellbeing of all pupils, staff, and visitors, the School maintains a defibrillator onsite as part of its first aid provision. The device is located in the Medical Room and is accessible during School hours and events. Staff members have received basic training on its use, but it is important to note that anyone can use the defibrillator in an emergency, as it provides clear, step-by-step voice instructions to guide users through the process. While the likelihood of such incidents in a preparatory school setting is low, having a defibrillator available can be lifesaving, as early defibrillation significantly increases survival rates. The defibrillator is maintained in accordance with the manufacturer's guidelines, with regular checks to ensure it remains in full working order.

10. Reporting

A record is made in the Medical Events Record of each occasion when any member of staff, pupil or other person receives First Aid treatment either on the School premises or as part of a school-related activity.

Parents will be informed via a telephone call from the Senior First Aider or Receptionist if their daughter has a serious injury or cut, or for any head injury. Parents of pupils in Reception are informed of any First Aid treatment given via the 'Reception Class Accident Form'.

Staff are informed via staff meetings or individual briefings for appropriate Class Teachers about significant illnesses/conditions of pupils for risk assessment purposes. Photographs of pupils with allergies/other serious conditions are displayed in the Medical Room, Kitchen, Hall and the Food Technology Room.

When a **serious** accident or injury occurs, the Head, Deputy Head and DFO must be informed and the Head, Deputy Head or Senior First Aider should inform the parents and ask that the pupil is collected as soon as possible, or if necessary, call an ambulance and arrange to meet the parents at the hospital - see Appendix 4.

The person who witnessed the accident should enter details in the official accident book, which is kept in the DFO's office. Every accident, however minor, must be reported to the Senior First Aider, and recorded on the Medical Events spreadsheet.

Some accidents need reporting to the Health and Safety Executive under RIDDOR (Reporting of Injuries, Diseases and Dangerous Occurrences Regulations, 1995 telephone 0845 300 99 23) and the DFO is responsible for maintaining records and reporting these - see Appendix 4.

For EYFS, whenever there is an incident and the First Aider is involved, a record of the incident and treatment is made in triplicate on a Reception Class Accident Form. One copy is filed by the Senior First Aider in the Reception Class Accident Book at the front reception desk, a second copy is given to the Reception Form Teacher, and the third copy is handed over to the pupil's parent when they collect the pupil from School.

If any child has a bump to the head or any serious injury or cut, the Senior First Aider will inform the parents via telephone.

11. First Aid Procedure

If an accident occurs, the member of staff in charge should be consulted and they will assess the situation and decide on the best course of action. In a serious accident, this may involve immediately calling for an ambulance, but normally they will call for the Senior First Aider - see Appendix 1.

For minor accidents, or if a pupil is ill during the day, they should be sent with another pupil or taken by a member of staff to the First Aider on duty in the School Office - see Appendix 2.

An ambulance should be called in cases of difficulty in breathing, suspected broken limbs, serious blows to the head, suspected concussion, loss of consciousness, severe bleeding, suspected heart problems, severe allergic reactions or when the First Aider considers that they cannot adequately deal with the situation.

Pupils who have a specific, chronic medical condition (asthma, epilepsy, diabetes, anaphylaxis or other consultant-managed condition) will have an Individual Health Care Plan and Allergy Action Plan (where appropriate) which must be kept on their file and a copy with their medication. A list of all pupils with specific medical conditions is provided with a photo of each pupil for each classroom and in the catering office.

Details of any known triggers and symptoms must be shared with Form Teachers at the beginning of each year or when the condition is notified. Medications will be held centrally and covered by the Administration of Medications Policy (see separate Policy).

Staff will be given annual anaphylaxis awareness and auto-injector training.

The Medical Events spreadsheet is updated by the Senior First Aider or Duty First Aider immediately after an incident - see Reporting.

The School Office will inform parents via a phone call if a pupil receives a bump to the head, and also for any serious injury or cut. The Form Teacher and PE staff (where necessary) should also be informed by the Duty First Aider in the School Office. PE staff will inform the Duty First Aider if a pupil receives a bump to the head, or if a pupil is hit by a ball on the head or face during a PE lesson, and the School Office will inform parents via a phone call.

In the event that none of the parents can be reached by phone, a message will be left providing details, asking them to contact the School Office. Where it is not possible to leave a voicemail, an email may be sent to parents providing details of the injury or bump, with a request to call the School Office.

Parents should notify the School if their child has an infectious disease. In cases of diarrhoea and vomiting, pupils should be kept away from school for 48 hours from the last episode.

In cases of other infectious diseases, the Head of Phase will consult with the pupil's parents with reference to the *Guidance on Infection Control in Schools and other Childcare Settings*, Public Health England, April 2017 (updated September 2024). Where possible, guidance will also be sought from the School's Medical Governor. Once this consultation has taken place and the exclusion period has been agreed, other parents will be informed if appropriate.

12. Mental Health

The Senior Mental Health Lead is Ellen Yap (Head of Pastoral Care & Deputy DSL). The Senior Mental Health Lead works closely with the DSL, Phase Leaders, School Counsellor and Senior First Aider to facilitate the identification of and support for pupils who may be experiencing a mental

health issue. Mental Health is addressed with pupils through the Wellbeing Programme (including RSE) and pastoral systems, as outlined in the Wellbeing Subject, RSE and Safeguarding Policies.

13. Administering Medicines in School

See separate Administration of Prescribed Medications Policy. This also gives details of the procedures for any pupil with a specific medical condition such as asthma, epilepsy, allergy, diabetes. Necessary medication will be kept under the control of the Senior First Aider. These must also always be taken on outings, and this **must be checked by the Trip Leader before leaving the School.** All staff are trained on the use of auto-injectors (epipens).

14. Staff Taking Medication

If staff are taking medication which might affect their ability to care for pupils, they should seek medical advice and inform their line manager. Staff medication on the premises must be securely stored, and always out of reach of pupils. Please see the Administration of Prescribed Medications Policy and the Staff Handbook.

15. General Safety

Every member of staff should be constantly on the look-out for hazards around the School and in the grounds. If they see anything dangerous that they cannot put right themselves, they should report it immediately to the DFO. In addition, there is an agenda item for Health and Safety at staff meetings, and a medical events item on the termly Health and Safety Committee meeting.

16. Risk Assessment

The DFO is responsible for the overall risk management, however:

- a) The HR Manager is responsible for ensuring there are sufficient trained First Aiders and for monitoring the expiry dates of their training
- b) The Educational Visits Coordinator must check Risk Assessment(s) have been completed for offsite events

17. Safeguarding Children (see separate Policy)

18. Physical Contact with Pupils

Members of staff need to be careful not to initiate or encourage physical contact with pupils, including touching the head. Even in the case of a pupil in great distress, where the natural reaction is to comfort the pupil with a hug, great caution must be exercised. It is wise for staff to ensure they are in a public place with another adult in attendance if this type of contact is needed. Any member of staff requiring a private discussion with one child should ensure that the door of the room is left open, and another adult is nearby. Staff should consult the Staff Behaviour Policy.

19. Sharing information

The School recognises that it owes a duty of confidentiality to the pupil and will only share information with the pupil's parents and medical professionals or external agencies for the purposes of safeguarding the pupil or promoting the pupil's welfare. These may include Health & Safety Executive (HSE) under Reporting of Injuries, Diseases & Occurrences Regulations (RIDDOR), insurers, the Charity Commission, local child protection agencies or any other regulatory bodies as appropriate.

Medical information about a pupil will be maintained for a period of six years after the pupil has left the School.

20. Monitoring and Review

The DFO will regularly monitor and evaluate the effectiveness of this Policy. It will be subject to review at least annually (or more frequently if changes to legislation, regulation or statutory guidance so require) by the DFO and the Governing Body. The date of the next review is shown on the front page.

Appendix 1

BUTE HOUSE PREPARATORY SCHOOL EMERGENCY CALL PROCEDURE

If anyone on the site sustains an injury which is considered to be serious, an ambulance will be called.

Request an Ambulance

Dial **9 999** or **9 112** and ask for ambulance. Be ready with the following information:

Your telephone number: **0207 603 7381**

Your Location: **Bute House Preparatory School**

Luxemburg Gardens, London W6 7EA

Exact location of School: Behind St Paul's Girls' School Swimming Pool, off Brook Green, Hammersmith

Use What3Words App for exact location: Main Entrance
<https://what3words.com/jolly.pitch.stress>

Your Name:

Brief description of symptoms:

Age of Patient:

Speak slowly and clearly and be ready to repeat the information if requested.

Inform Ambulance Control of best entrance to use and that the crew will be met.

Appendix 2

BUTE HOUSE PREPARATORY SCHOOL ON SITE FIRST AID PROCEDURE

1. If anyone is injured or unwell in School, if possible, they should be taken or sent to the Senior First Aider in the Reception Office.

But

- a. If the casualty is believed to be having an allergic reaction: they must not be moved, and someone should be sent immediately to collect their auto-injector and Allergy Action Plan.
 - b. If it is not possible to move the casualty, someone should be sent to the reception office to get the Senior First Aider or Duty First Aider.
2. The Senior First Aider/Duty First Aider should go quickly to the casualty and take a mobile phone with them.
 3. An ambulance should be called in cases of difficulty in breathing, suspected broken bone limbs, serious blows to the head, suspected concussion, loss of consciousness, severe bleeding, suspected heart problems and allergic reactions.
 4. The injured person should be taken to the Medical Room if they can move safely.
 5. The injuries should be assessed and treated accordingly.
 6. The injured person should then return to class or to their duties or should be sent home as appropriate.
 7. All injuries and illnesses must be logged in the Medical Events Spreadsheet.
 8. If the injured person is a Reception child, then the 'EYFS Accident Form' must be completed.
 9. If a pupil has had a head injury or any injury requiring further medical assessment, the parents must be informed.

Appendix 3

BUTE HOUSE PREPARATORY SCHOOL FIRST AID BOX PROCEDURE

1. First Aid Boxes are to be checked each term by the owner of each box.
2. The contents should be checked against the First Aid Box Contents Checklist (located in each box).
3. Any missing or expired items should be reported to the Senior First Aider who will supply replacements immediately.
4. When the contents of the First Aid Box are complete, the box owner should sign and date the Contents Checklist and should inform the Senior First Aider that the box is complete and checked.
5. When items are used, the Senior First Aider must be advised in order to arrange replacements.
6. The Senior First Aider should monitor that all boxes are checked termly and chase any that have not been checked.

Appendix 4

BUTE HOUSE PREPARATORY SCHOOL PROCEDURE FOR LOGGING SERIOUS INCIDENTS IN THE ACCIDENT BOOK

Any moderate to serious injury resulting in a major wound, broken bone, head injury or anything where further medical opinion is sought (i.e. sent to hospital, optician, doctor etc.) must be recorded in the Accident Book kept in the DFO's office.

1. As soon as possible after the incident, complete all relevant sections of the form.
2. Ensure the DFO and Head are aware of the incident.
3. The DFO will inform Health & Safety Executive (HSE) if:
 - a. The person involved is killed or taken from the School to hospital
 - b. The person has a major injury (see below)
 - c. The accident arises out of or in connection with work
 - d. The accident prevents the injured person from doing their normal work for more than seven days.
4. Parents must always be informed if a serious incident has occurred.

Reportable major injuries are:

- fracture, other than to fingers, thumbs and toes
- amputation
- dislocation of the shoulder, hip, knee or spine
- loss of sight (temporary or permanent)
- chemical or hot metal burn to the eye or any penetrating eye injury
- injury resulting from an electric shock or electrical burn leading to unconsciousness, or requiring resuscitation, or admittance to hospital for more than 24 hours
- any other injury leading to hypothermia, heat-induced illness or unconsciousness or requiring admittance to hospital for more than 24 hours
- unconsciousness caused by asphyxia or exposure to a harmful substance or biological agent
- acute illness requiring medical treatment

Appendix 5

This form is provided to parents of pupils going on residential trips

CONTENTS OF FIRST AID KIT FOR RESIDENTIAL TRIPS

The School's First Aid kit contains the following items. If you do not wish any item to be used for your daughter, please delete it from the list. If you wish to offer an alternative product, please list it below and detail when and how it should be used (only if full instructions are not provided on the product). Please give any alternative medicines or prescriptions to the First Aider, who will return anything unused at the end of the event.

Internal medications

Paracetamol 500mg caplets

Nurofen for children

Calpol 6+ fastmelts

Antihistamine tablets

Travel sickness tablets

Dioralyte

External treatments

Savlon antiseptic cream

Factor 30 sun protection

After Sun

Vaseline

Anthisan allergy cream

Dry ice packs

Dressings

Plasters

Blister Plasters

Crepe bandages

Triangular bandages

Sanitary towels

Sterile dressing pads

Micropore surgical tape

Miscellaneous

Tweezers

Scissors

Forehead Thermometer

Latex gloves (for use by First Aider)

Safety pins

Tissues

PLEASE READ CAREFULLY BEFORE SIGNING BELOW

I give permission for my daughter to be treated with any of the products named in the First Aid kit while she is on the trip. I will be told if she has experienced any medical problems and will be given details of any treatment that has been given. I understand that where branded products have been named, these may be replaced with local equivalents should the need arise.

I authorise one of the members of staff accompanying the Bute House party to give permission for my daughter to be given any anaesthetic / hospital treatment necessary for medical / dental treatment during the period of the trip, if parents cannot be contacted.

Signed:

Date: